



## Essential Eligibility Criteria

At Wood County Parks, we strive to create programs that are accessible and enjoyable for as many people as possible; We also make safety the top priority. Below is a list of Essential Eligibility Criteria (EEC) deemed necessary for program participation for the safety of the participant, the staff, and all other participants.

### **Paddling Programs (Canoe and Kayak)**

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1. Breathe independently (i.e., not require medical devices to sustain breathing)
2. Independently maintain sealed airway passages while under water
3. Independently hold head upright without neck / head support
4. Manage personal care independently or with assistance of a companion
5. Manage personal mobility independently or with a reasonable amount of assistance
6. Follow instructions and effectively communicate independently or with assistance of a companion
7. Independently turn from face-down to face-up and remain floating face up while wearing a properly fitted life jacket
8. Get in / out of a paddlecraft independently or with a reasonable amount of assistance
9. Independently get out and from under a capsized paddlecraft\*
10. Maintain a safe body position while attempting skills, activities, and rescues listed in the Course Outline, and have the ability to recognize and identify to others when such efforts would be unsafe given your personal situation\*

\*Some content and skills regarding this criterion is learned through specific programs, and not others. Check with program leader if you have questions regarding these criterions.

If you have any questions about the above criteria, or do not meet some criteria and would like to work together to find possible solutions, please contact Craig Spicer ([cspicer@wcparks.org](mailto:cspicer@wcparks.org) – 419-661-1697x3).